Conservation of the endangered medicinal plant

*Picrorhiza kurroa* through *in vitro* multiple shoot regeneration

**VARNIKA CHAUDHARY**¹, **SHALINI SINGH**¹, **ROHIT SHARMA**², **AJAY SINGH**³, **NISHESH SHARMA**²*

¹Department of Biotechnology, Dolphin (PG) Institute of Biomedical and Natural Science, Dehradun, India
²Department of Biotechnology, UCALS, Uttaranchal University, Dehradun, India
³Department of Chemistry, UCALS, Uttaranchal University, Dehradun, India

**Abstract**

*Picrorhiza kurroa*, a well-known medicinal plant found in the vicinity of Himalayas, has become critically endangered over the years owing to its overexploitation for medicinal purposes. In this study, we cultured nodal segments onto MS (Murashige and Skoog) medium fortified with different concentrations of kinetin (Kn) and indole-3-acetic acid (IAA). For enhanced multiple shooting, the regenerated shoots and callus were subcultured on a similar media combination (utilized for shoot bud initiation). Shoot bud induction was achieved in all media combinations with a maximum of 66.8% cultures exhibiting shoot bud regeneration in MS supplemented with 6 μM Kn and 10 μM IAA with the average number of 4.2 ± 0.4 shoots per culture; moreover, the regeneration of callus was reported. A subculture of regenerated shoots using similar media combinations (utilized for shoot bud induction) resulted in extensive induction and proliferation of multiple shoots. On an average, we obtained 18.6 ± 0.4 shoots in an MS medium supplemented with 6 μM Kn and 4 μM IAA. Similarly, a subculture of callus with preformed shoot buds resulted in a multiple shoot regeneration with a maximum of 20 shoots in an MS medium supplied with 4 μM Kn and 10 μM IAA. The proliferation of callus was achieved in all media combinations and half-strength MS supplemented with IAA (12 μM) was found to be the most appropriate medium for *in vitro* rooting. Note that, during the process of acclimatization, ~62.4% plants survived. Thus, this study provides an effective method for the mass propagation of *P. kurroa*, which can further be worked out for establishing cell suspension cultures to analyze variations in the synthesis of bioactive metabolites under controlled conditions and in the presence of additives.

**Key words:** *P. kurroa*, micropropagation, multiple shooting, conservation

**Introduction**

*Picrorhiza kurroa*, commonly known as kutki, is a well-known medicinal plant because of its immense medicinal value. In the Ayurvedic medicine system, traditional medicinal uses of this plant, such as the treatment of respiratory and liver disorders, fever, chronic diarrhea, and dyspepsia, have been documented. *Picrorhiza* is an endemic species (Patil et al., 2013) to the Himalayan alpine region, including areas of India, China, Bhutan, Pakistan, Nepal, South East Tibet, and North Burma. It is generally distributed in the range of 3500–5000 m above sea level (Agarwal, 2003; Jan et al., 2009) and grows naturally in the wild form within rock cervices and organic soil. The major pharmaceutical properties of this plant include antimalarial, antineoplastic, antioxidant, anticancerous, antiallergic, antimicrobial, antimutagenic, and hepatoprotective activities, as well as immune modulation (Prajapati et al., 2007; Sharma and Thokchom, 2014; Rajkumar et al., 2011, Singh et al., 2011; Irshad et al. 2011; Masood et al., 2015). The roots and rhizomes of this plant are utilized for preparing several herbal drugs (Pandit et al., 2013). The immense medicinal potential of the plant is attributed to the presence of a wide range of phytocompounds that possess several biological or pharmacological activities. The major bioactive components of *P. kurroa* include picro-
sides, kutkosides, androsin, and catechol (Stuppner and Wagner, 1989; Praveena and Rao, 2013; Weings et al., 1972). Recently, *P. kurroa* has been listed as an endangered species (Pandit et al., 2013, Sharma et al., 2010). An unrestricted collection of *P. kurroa* from natural sources is the prime cause for present endangered status of the plant (Sood and Chauhan 2009; Masood et al., 2015; Srivastava and Srivastava, 2016). Furthermore, *P. kurroa* requires specific environmental conditions that restrict the cultivation of the plant to a specific region, making conservation of this plant species very challenging. Owing to the medicinal potential and the current endangered status of *P. kurroa*, there is a requirement for developing cultivation strategies for its mass propagation and conservation. In this study, we achieved multiple shoot regeneration from an in vitro culture of nodal segments of *P. kurroa*. We conducted this study with an aim to develop a protocol that would be rapid, effective, and easily reproducible for the mass propagation of *P. kurroa*.

**Material and methods**

**Explants source**

We procured mature plants of *P. kurroa* from the Department of Biotechnology and Bioinformatics, Jaypee University of Information Technology, Waknaghat, Solan, India which were then maintained in the Department of Biotechnology, Uttaranchal College of Applied and Lifesciences (UCALS), Uttaranchal University, Dehradun, India. Note that the nodal segments from well-grown plants were utilized as explants.

**Sterilization of explants**

For the surface sterilization of explants, we followed the protocol reported Sharma et al. (2015a) with slight modifications. Nodal segments were immersed in a beaker containing water, and then the beaker was covered with a muslin cloth and placed under running tap water for 10 min to completely remove any external impurities attached to the nodal segments. Then, a few drops of Tween 20 were added to the beaker containing the explants, and then the container was covered with muslin cloth and kept under running tap water for 20 min. After removing all traces of Tween 20, the nodes were rinsed with 70% ethyl alcohol for about 50s, and then washed with distilled water. The explants were then transferred to the laminar air flow chamber for further sterilization and surface sterilized with 0.1% HgCl₂ for 3 min. Then, the sterilized explants were washed 3–4 times with sterile doubly distilled water (to remove all traces of HgCl₂), dried using a sterile tissue paper, and excised to an appropriate of ~2–2.5 cm.

**Establishment of in vitro cultures**

As a basal culture medium, we used the Murashige and Skoog (1962) (MS) medium. Note that surface-sterilized nodal segments were inoculated on a freshly prepared culture medium. In this study, the MS media was fortified with different concentrations of kinetin (Kn) along with varying concentrations of either 2,4-dichlorophenoxyacetic acid (2,4-D) (2–8 μM), naphthalene acetic acid (NAA) (2–8 μM), or indole-3 acetic acid (IAA) (2–10 μM). The cultures were incubated at 22 ± 2°C with a 16 h photoperiod of light (15 μE/m²/s irradiance). Each experimental setup comprised at least 25 cultures and each experiment was repeated thrice.

**Subcultures of regenerated shoots and callus**

In independent experimental setups, for shoot bud induction and regeneration from callus, in vitro regenerated shoots and calli (with preformed shoot buds) were subcultured onto the MS medium, which was supplemented with Kn (2–6 μM) and IAA (4–10 μM).

**In vitro rooting of regenerated shoots**

To induce rooting among in vitro regenerated shoots a half strength medium fortified with different concentrations of IAA (2–20 μM) was utilized. Then, well grown and elongated shoots, ~5–6 cm in length, were excised and aseptically transferred to a rooting medium.

**Acclimatization of in vitro regenerated plants**

Note that regenerated plants with well-developed roots easily acclimatized to natural conditions. For the acclimatization process, we adopted the method reported by Sharma et al. (2015b). The plants were gently removed from culture vessels under aseptic conditions, and then the roots were carefully washed with sterile distilled water to remove the media attached to the roots. Subsequently, the plants were transferred to plastic pots filled with sterilized sand and garden soil in a 1:1 ratio. The pots were covered with transparent polybags and incubated under similar conditions for in vitro regenera-
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The pots were irrigated with water containing 1/4 strength MS nutrients as per requirement to avoid both under and overirrigation. After ~10 days, when new leaves began to emerge, small cuts were made at the edges of the polybags. The plants were then transferred to a mist chamber, followed by the respective transfer to a greenhouse. Moreover, if the plants exhibited normal growth and development in a greenhouse, they were eventually transferred to natural soil.

Recording of data and statistical analysis

The cultures were regularly monitored for morphological changes and observations were accordingly recorded. The results were expressed as a percentage of cultures exhibiting a response. Note that the textures and colors of calli along with the degree of callusing were reported on the basis of visual observations. Moreover, average and maximum numbers of shoots and roots were calculated for every media combination, and the results obtained were analyzed using Duncan’s Multiple Range test to determine significance for all media combinations.

Result and discussion

Multiple shoot regeneration

The regeneration of multiple shoots is considered to be the most effective application of micropropagation techniques. It has been utilized for the conservation and mass propagation of several plant species such as Withania somnifera and Withania coagulans (Sharma and Koshy, 2017), Rotala rotundifolia (Dogan, 2017), Luffa acutangula (Umamaheswari et al., 2014), Lagerstroemia indica (Niranjan et al., 2010), Asclepias curassavica (Salga et al., 2012), Catharanthus roseus (Faheem et al., 2011), Hibiscus cannabinus (Herath et al., 2004), Syzygium aromaticum (Mathew and Hariharan, 1990), and Rauwolfia serpentine (Chaudhary et al., 2016). Micropropagation studies pertaining to the conservation of medicinal plants such as Matthiola incana (Kaviiani et al., 2013), Ipomoea mauritiana (Islam and Bari, 2013), Daucus carota (Ojha et al., 2012), Arachis hypogaea (Venkatachalam and Jayabal, 1997), Withania coagulans (Sharma et al., 2016) indicated that plant growth regulators (PGRs) combinations of Kn with either 2,4-D or NAA were significantly effective for in vitro morphogenesis. However, in this study, IAA was found to be a more appropriate auxin as compared to 2,4-D or NAA when utilized in combination with Kn for multiple shoot bud induction from in vitro cultured nodal segments of P. kurroa. Furthermore, when nodal segments of P. kurroa were cultured in MS supplemented with 2 μM Kn and 4 μM IAA, 38.2% cultures exhibited shoot bud induction with an average of 1.2 ± 0.4 shoots per culture. Moreover, when the concentration of IAA was increased to 6 μM and 10 μM (with 2 μM Kn), ~44.2% and 58.6% cultures exhibited shoot bud induction, respectively. Note that, irrespective of the concentration of IAA, a maximum of two shoots were obtained in explants grown in MS medium fortified with 2 μM Kn. When enhancing the concentration of Kn to 4 μM, 46.2% cultures exhibited multiple shoot formation on MS fortified with 4 μM Kn and 4 μM IAA with an average and maximum number of shoots to be 2.1 ± 0.8 and 3.0, respectively. In MS media supplemented with 4 μM Kn and 10 μM IAA, 52.6% explants developed multiple shoots. Moreover, when the concentration of Kn was further increased to 6 μM, 66.2% explants exhibited multiple shoot induction in an MS medium supplemented with 6 μM Kn and 2 μM IAA. Furthermore, when the concentration of IAA was increased to 10 μM (while ensuring the Kn concentration constant), 66.8% explants were found to develop multiple shoots. Note that the average and maximum numbers of shoots obtained on explants grown on this medium were 4.2 ± 0.4 and 5.0, respectively (Table 1, Fig. 1B and 1C). Several studies have reported an important role of Kn for inducing direct or indirect organogenesis in a number of plant species such as Rotala rotundifolia (Dogan, 2017), Matthiola incana (Kaviiani et al., 2013), Asclepias curassavica (Reddy et al., 2012), Lagerstroemia indica (Niranjan et al., 2010) and Withania somnifera (Sharma et al., 2015a). Most tissue culture studies that were conducted for mass propagation of P. kurroa have utilized one or more plant growth PGRs for direct or indirect organogenesis; however, Sharma et al. (2010) reported the regeneration of multiple shoots from nodal explants of P. kurroa on a hormone-free medium in 99.94% cultures. They also reported a somatic embryogenesis in a medium supplemented with TDZ (Thidiazuron) and IBA (Indole butyric acid); however, the embryos failed to regenerate further. Unlike the results obtained by Sharma et al. (2010), we did not achieve any regeneration in a hormone-free medium.
Table 1. In vitro culture of nodal segment of *P. kurroa* onto MS + Kn + IAA

<table>
<thead>
<tr>
<th>Kn [μM]</th>
<th>IAA [μM]</th>
<th>Percent of response [%]</th>
<th>Average shoot number</th>
<th>Maximum number of shoots</th>
<th>Percent of culture with callus [%]</th>
<th>Degree of callusing</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>4</td>
<td>38.2</td>
<td>1.3 ± 0.4&lt;sup&gt;f&lt;/sup&gt;</td>
<td>2</td>
<td>22.4</td>
<td>+</td>
</tr>
<tr>
<td>2</td>
<td>6</td>
<td>44.2</td>
<td>1.6 ± 0.6&lt;sup&gt;a&lt;/sup&gt;</td>
<td>2</td>
<td>44.6</td>
<td>++</td>
</tr>
<tr>
<td>2</td>
<td>10</td>
<td>58.6</td>
<td>1.6 ± 1.2&lt;sup&gt;d&lt;/sup&gt;</td>
<td>2</td>
<td>62.8</td>
<td>++</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>46.2</td>
<td>2.1 ± 0.8&lt;sup&gt;cd&lt;/sup&gt;</td>
<td>3</td>
<td>28.2</td>
<td>++</td>
</tr>
<tr>
<td>4</td>
<td>6</td>
<td>49.5</td>
<td>2.5 ± 0.5&lt;sup&gt;c&lt;/sup&gt;</td>
<td>4</td>
<td>46.4</td>
<td>++</td>
</tr>
<tr>
<td>4</td>
<td>10</td>
<td>52.6</td>
<td>2.4 ± 0.2&lt;sup&gt;c&lt;/sup&gt;</td>
<td>3</td>
<td>64.0</td>
<td>+++</td>
</tr>
<tr>
<td>6</td>
<td>2</td>
<td>62.6</td>
<td>1.2 ± 0.6&lt;sup&gt;f&lt;/sup&gt;</td>
<td>2</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>6</td>
<td>4</td>
<td>64.4</td>
<td>3.6 ± 1.2&lt;sup&gt;b&lt;/sup&gt;</td>
<td>5</td>
<td>48.8</td>
<td>+++</td>
</tr>
<tr>
<td>6</td>
<td>10</td>
<td>66.8</td>
<td>4.2 ± 0.4&lt;sup&gt;a&lt;/sup&gt;</td>
<td>5</td>
<td>66.2</td>
<td>+++</td>
</tr>
</tbody>
</table>

Values are mean of seven replicates; mean values followed by same letters are not significantly different at $P \geq 0.05$ DMRT

Fig. 1. A) Mother plant of *P. kurroa*; B–C) in vitro shoot regeneration and callus development onto MS + 6 μM Kn + 10 μM IAA; D) multiple shoot induction from nodal segment onto MS + 6 μM Kn + 2 μM IAA; E–F) initiation of multiple shoot from subculture of in vitro regenerated shoot; G–H) multiple shoot regeneration from subculture of in vitro regenerated shoots onto MS + 4 μM Kn + 4 μM IAA and MS + 6 μM Kn + 10 μM IAA; J–K) multiple shoot regeneration from subcultured callus onto MS + 4 μM Kn + 8 μM IAA and MS + 6 μM Kn + 8 μM IAA respectively; L) in vitro rooting onto 1 MS + 12 μM IAA; M–N) acclimatized plants, transplanted to natural soil
In vitro callusing

In addition to the proliferation of shoot buds, a development of callus was achieved from in vitro cultures of nodal segments in all tested media combinations, except for MS supplemented with 6 μM Kn and 2 μM IAA (Fig. 1D) in which only the regeneration of shoots was achieved. However, depending on the concentration of PGRs in the culture medium, the percentage of explants developing a callus and the degree of callusing varied. In a medium supplemented with a low concentration of IAA (2–4 μM), only a small percentage of cultures developed calli with moderate proliferation (≥ 0.30 mg). However, with an increase in the concentration of IAA, we achieved a simultaneous increase in the percentage of cultures exhibiting callus development. Note that the Kn concentration was found to have a profound impact on the proliferation of the callus. In an MS medium supplemented with 2 μM Kn and 4 μM IAA, ~22.4% cultures developed calli with an extremely low (≤ 0.15 mg) degree of callusing (Table 2). Furthermore, ~44.6% cultures exhibited callus development in an MS medium with 2 μM Kn and 6 μM IAA with a moderate (≥ 0.30 mg) extent of callusing. Moreover, when the concentration of IAA was further increased in an MS medium supplemented with 2 μM Kn and 10 μM IAA, callus developed in 62.8% cultures, although the proliferation of callus was moderate (≥ 0.30 mg). In an MS medium fortified with 4 μM Kn and 4 μM IAA, callus developed in 28.2% cultures; moreover, the response was further enhanced to 46.5% and 64% in a culture medium with 4 μM Kn and 6 μM IAA and MS with 4 μM Kn and 10 μM IAA, respectively. In an MS medium supplemented with 6 μM Kn and 4 μM IAA, 48.8% of explants developed calli and the response was enhanced to 66.2% in a medium fortified with 6 μM Kn and 10 μM IAA. For both the media combinations, an extensive (≥ 50 mg) proliferation of callus was observed, and the calli obtained in all media combinations were fragile and green in color. Previously, in a study conducted by Sharma et al. (2010), the regeneration of callus from leaf segments of P. kurroa was reported in an MS medium supplemented with TDZ; MS and TDZ and IBA; MS and 2,4-D and TDZ; and MS and Kn. In the same study, the development of the callus and a regeneration of shoots was reported from nodal segments on MS with the addition of Kn. Moreover, Helena et al. (2015) utilized leaf and nodal segments of P. kurroa as explants and reported the regeneration of callus on different media combinations. In their study, an MS medium supplemented with TDZ (0.5 mg/l) and IBA (0.3–0.5 mg/l) was reported to be the optimal medium for the regeneration of calli from leaves and nodal segments. Recently, Parihar et al. (2018) reported that MS supplemented with BAP (6-Benzyl amino purine) (0.5 mg/l) and Kn (0.75 mg/l) was an effective medium for the regeneration of calli from in vitro cultured leaf segments of P. kurroa, whereas MS fortified with BAP (0.5 mg/l) and Kn (0.75 mg/l) was most suitable for the proliferation of shoots. Sood and Chauhan (2009) achieved the development of callus from in vitro cultured leaf discs, roots, and nodal segments of P. kurroa. In their study, an MS medium supplemented with the addition of 2,4-D (2 mg/l) and IBA (0.5 mg/l) was reported to be the most effective medium for callus regeneration with the highest percentage of calli achieved from root segments, followed by leaves and nodes. Note that callus regeneration from the leaves of P. kurroa on MS medium enriched with TDZ has been previously reported by Patil et al. (2013). They also reported the regeneration of shoots using an MS medium fortified with Kn. Similarly, Lal and Ahuja (1996) reported the development of callus from leaf and nodal explants of P. kurroa on 2,4-D (0.5–2 mg/l) supplemented with MS medium. In their study, callus proliferation was obtained on an MS supplemented with NAA (4 mg/l) and Kn (1 mg/l); however, the regeneration of shoots was achieved only when the callus was subcultured on an MS supplemented with BAP.

Subculture of in vitro regenerated shoots and callus

As shown in Table 1, a low response (owing to the number of shoots regenerated with a maximum of five shoots in an MS supplemented with 2 μM Kn and 4–10 μM IAA) was achieved when nodal segments were cultured on an MS medium fortified with varying concentrations of Kn and IAA. However, when in vitro regenerated shoots were subcultured on a freshly prepared medium containing IAA and Kn in different concentrations, we achieved an enhanced proliferation of regenerated shoots. In an MS supplemented with 2 μM Kn and 4 μM IAA, we obtained an average of 14 ± 0.2 shoots with a maximum number of 18 shoots (Table 2). Moreover, the number of average and maximum numbers of shoots increased to 16 ± 1.2 and 19, respectively, in an

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Table 2. Subculture of in vitro regenerated shoots of P. kurroa onto MS + Kn + IAA

<table>
<thead>
<tr>
<th>Kn</th>
<th>IAA</th>
<th>Percent of culture with multiple shoot [%]</th>
<th>Average shoot number</th>
<th>Maximum number of shoots</th>
<th>Average number of shoot length [cm]</th>
<th>Maximum number of shoot length [cm]</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>4</td>
<td>100</td>
<td>14.0 ± 0.2</td>
<td>18</td>
<td>4.8 ± 0.2</td>
<td>7</td>
</tr>
<tr>
<td>2</td>
<td>6</td>
<td>100</td>
<td>15.8 ± 0.4</td>
<td>17</td>
<td>4.6 ± 0.5</td>
<td>6</td>
</tr>
<tr>
<td>2</td>
<td>10</td>
<td>100</td>
<td>15.2 ± 0.5</td>
<td>20</td>
<td>4.3 ± 0.6</td>
<td>7</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>100</td>
<td>16.0 ± 1.2</td>
<td>19</td>
<td>5.1 ± 0.4</td>
<td>7</td>
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<td>4</td>
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<td>13.4 ± 0.4</td>
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<td>4</td>
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<td>100</td>
<td>18.4 ± 0.4</td>
<td>26</td>
<td>6.8 ± 0.4</td>
<td>8.4</td>
</tr>
</tbody>
</table>

Values are mean of seven replicates; mean values followed by same letters are not significantly different at $P \leq 0.05$ DMRT

Table 3. Subculture of callus with preformed shootbuds onto MS + Kn + IAA

<table>
<thead>
<tr>
<th>Kn</th>
<th>IAA</th>
<th>Average shoot number</th>
<th>Maximum number of shoots</th>
<th>Proliferation of callus</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>4</td>
<td>7.8 ± 0.2</td>
<td>11</td>
<td>++</td>
</tr>
<tr>
<td>2</td>
<td>8</td>
<td>9.6 ± 0.4</td>
<td>9</td>
<td>+++</td>
</tr>
<tr>
<td>2</td>
<td>10</td>
<td>8.4 ± 0.5</td>
<td>10</td>
<td>+++</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>14.2 ± 0.4</td>
<td>18</td>
<td>++</td>
</tr>
<tr>
<td>4</td>
<td>8</td>
<td>16.8 ± 0.6</td>
<td>22</td>
<td>+++</td>
</tr>
<tr>
<td>4</td>
<td>10</td>
<td>15.0 ± 0.6</td>
<td>20</td>
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<td>6</td>
<td>4</td>
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<td>18</td>
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<td>6</td>
<td>8</td>
<td>16.2 ± 1.3</td>
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<td>++</td>
</tr>
<tr>
<td>6</td>
<td>10</td>
<td>14.8 ± 0.4</td>
<td>19</td>
<td>++</td>
</tr>
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</table>

Values are mean of seven replicates; mean values followed by same letters are not significantly different at $P \geq 0.05$ DMRT

MS medium fortified with 4 μM Kn and 4 μM IAA. All the medium combination possessing 6 μM Kn with varying concentrations of IAA exhibited extensive induction and proliferation of shoots (Table 2). Furthermore, the maximum number of 26 shoots with an average shoot number of 18.4 ± 0.4 was achieved in a medium with 6 μM Kn and 10 μM IAA. Note that a subculture of callus with shoot buds on a MS medium fortified with varying concentrations of Kn and IAA resulted in the regeneration and proliferation of multiple shoots in all media combinations. Furthermore, we achieved an extensive proliferation of callus on media containing preferably higher IAA concentrations. As far as multiple shooting is concerned, the pre-existing shoot buds were elongated and developed into shoots with leaves; moreover, new shoots emerged from the calli, which resulted in a sufficiently good response. On an average, 7.8 ± 0.2 shoots per culture with a maximum of 11 shoots were obtained in an MS medium supplemented with 2 μM Kn and 4 μM IAA. When the concentration of Kn increased to 4 μM, the average and maximum number of shoots on MS with 4 μM Kn and 4 μM IAA were 14.2 ± 0.4 and 20, respectively. Furthermore, a maximum of 22 shoots with an average number of 16.8 ± 0.6 shoots per culture were
obtained in an MS fortified with 4 μM Kn and 8 μM IAA (Fig. 1J). Moreover, an equally high number of multiple shoots were obtained in an MS with the addition of 6 μM Kn and 8 μM IAA with an average number of 16.2 ± 1.3 and a maximum of 20 shoots (Table 3, Fig. 1K). The proliferation of callus was observed in all media combinations. Comparatively, a moderate (≥ 0.35 mg) callus growth was obtained in a medium with 4 μM IAA, whereas extensive callusing occurred at higher (8–10 μM) IAA concentrations. As observed in this study, subculturing calli to achieve multiple shoot regeneration is a common approach that is successfully utilized for the mass propagation of multiple plant species. Vishwakarma et al. (2013) achieved 22.8 ± 0.6 shoots from the petiole callus of Viola serpens. Tejasvathi et al. (2010) reported the regeneration of a maximum number of shoots from the callus of Macrotyloma uniflorum (Lam.) Verde in an MS medium containing IBA and BAP. Similarly, multiple shooting from callus has been reported in many other plants such as Withania coagulans (Sharma and Koshy, 2017), Withania somnifera (Sharma et al., 2014), Brassica juncea (Trivedi and Dubey, 2014), and Rauwolfa serpentina (Chaudhary et al. 2015).

In vitro rooting

A half-strength MS medium fortified with IAA (2–12 μM) was used for the in vitro rooting of regenerated shoots. About 48.6% of cultures exhibited in vitro rooting in 1/2 strength (concentration of major and minor nutrients reduced to half) MS medium supplemented with 4 μM IAA with an average of 5.2 ± 0.4 roots per culture and a maximum root length of 4.8 cm. When the concentration of IAA increased to 6 μM, we achieved in vitro rooting in 68.8% cultures; however, there was no noticeable increase in the average and maximum number of roots. On further increasing the concentration of IAA to 8 μM, 84.4% cultures developed in vitro roots. Note that the roots were thick and exhibited rapid proliferation with a maximum length of 10 cm. When the concentration of IAA was further increased to 12 μM, a decrease in the percentage of cultures developing in vitro roots was noted. A maximum of 54.4% cultures developed roots on 1/2 strength MS medium with the addition of 12 μM IAA. Similarly, Jan et al. (2009) in their micropropagation study on P. kurroa achieved rooting in 92% explants in MS supplemented with 0.4 mg/l NAA. However, when the concentration of NAA was enhanced to 0.8–1 mg/l the percentage of explants developing roots decreased to 30% and 20%, respectively. Helena et al. (2015) reported a similar decrease in the regeneration of roots in P. kurroa when the concentration of the respective hormone was enhanced beyond the optimal values. About 50% of shoots developed roots in a medium containing 0.4 mg/l IAA; however, when the concentration of IAA was increased to 1 mg/l, authors did not achieve any rooting. In their study, in vitro rooting was achieved in a medium fortified with either single hormone (NAA/2,4-D/IAA/IBA) in varying concentrations or in combinations (NAA + 2,4-D; 2,4-D + IAA; and 2,4-D + IBA). Among different media combinations, MS with the addition of NAA (0.4 mg/l), MS supplemented with 2,4-D (0.4 mg/l), and MS containing 2,4-D (0.5–1 mg/l) and NAA (0.4 mg/l) was reported to be the most effective media for in vitro rooting. Most micropropagation studies consider IBA or IAA to be the most effective plant PGRs for induction and proliferation of in vitro roots (Prodhan et al., 2016; Umamaheswari et al., 2014; Faheem et al., 2011). Furthermore, PGRs other than IBA or IAA have been reported to induce rooting in the in vitro regenerated shoots of P. kurroa. Lal and Ahuja (1996) reported that in vitro rooting in P. kurroa on an MS medium fortified with 2 mg/l NAA. Jan et al. (2009) successfully achieved in vitro rooting from micropropagated shoots of P. kurroa on NAA supplemented MS medium; however, the rooting response was enhanced when the medium was fortified with IBA or IAA. Patial et al. (2012) reported that the in vitro regenerated shoots of P. kurroa developed roots in a Kn-supplemented medium as well as in a hormone-free medium. In most of the studies pertaining to the tissue culture of P. kurroa, only micropropagation data has been reported and very little information related to the acclimatization of micropropagated plants is available. A low-temperature requirement for the survival of the plant restricts the transplantation of the plants in natural conditions. Patial et al. (2016) in their study on P. kurroa emphasized the significance of the temperature for the survival of micropropagated plants during the process of acclimatization. They reported a 100% survival rate of the tissue culture-raised plants during transplantation to a glasshouse where the plants were incubated at 15°C for ~10 days before transplantation. Note that the survival rate decreased to 86% when the plants were transferred to a glasshouse without incubation at
a low temperature prior to transplantation. In this study, plants with well-developed roots were excised and subjected to the acclimatization process and ~62.4% plants survived and were successfully transplanted. Trivedi and Pandey (2007) utilized plant growth promoting rhizobacteria (PGPR) for improved biological hardening; however, in this study, successful acclimatization was achieved without using any PGPR.

Conclusions

We report an effective, easily reproducible protocol for the mass propagation and conservation of the endangered medicinal plant *P. kurroa*. The callus obtained may be cultured further via a suspension culture technique to evaluate the possibility of enhancing the production of bioactive compounds under the influence of different PGRs.

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